# Indian School Park Adult Sand Volleyball League Rules



# Introduction

Welcome to the Adult Sand Volleyball Leagues held at Indian School Park. Our leagues are purely for recreational play to be enjoyed by both men and women. Your cooperation, good sportsmanship and interaction with our league personnel are an important means of making each season a success.

# **Classification of Play**

We currently offer our power, 4-person leagues on Monday and Wednesday evenings and our recreational, co-ed leisure, 6-person leagues on Tuesday and Thursday evenings. There are no gender restrictions in our four person leagues, however there is in the Co-ed leisure league. The rules for each league are outlined below.

# Indian School Park Power (4 person) & Co-ed Leisure (6 person) Volleyball League Rules

#### **Rosters**

- A. Roster size is limited to 6 players for 4-Person teams, and 12 players for 6-Person co-ed teams.
- B. 4-Person teams are required to have a minimum of 3 players to start and finish a game. 6-Person teams must have at a minimum of 5 players to start and finish a game. 6-Person teams must have at least 1 man and 1 woman on the court at all times, but not to exceed either 4 men or 4 women (if 6 players, 2+ women).
- C. Roster Changes must be submitted prior to 50% completion of the league's regular season. Team captains need to either phone in the roster change or notify the site supervisor on the evening of play.
- D. Rosters must be submitted within 48 hours of registration with complete addresses and phone numbers. Registrations, including full payment, are not confirmed and will not be accepted without complete team rosters within 48 hours.
- E. These leagues are for adults only ages 18 and up.
- F. Games will be forfeited if an illegal/ineligible player is used.
- G. Players may play in multiple flights/divisions on the same night, however the rosters must have at least 50% difference in players.
- H. Like teams are not permitted to play on the same evening of play.
- I. Players wishing to play in more than one flight/division on the same night at some point may have to decide to play in one match/game over another. League or tournament schedules will not be modified to accommodate players that play on multiple teams in one league night.

#### **Start of the Game**

- A. The flip of a coin by the site supervisor will determine the first team serving if the two participating teams do not decide.
- B. 4-Person teams are required to have a minimum of 3 players to start a game. 6-Person teams must have at a minimum of 5 players to start a game

#### **Scoring**

- A. Games are played to 25 points, Rally-scoring system. This means a point is scored on every serve. The team scoring the point serves next.
- B. If a match is tied at 24 points, next point wins (play straight-up to 25).
- C. Scoring will be kept by both teams during their match and then reported to the site supervisor for recording by each team's captain.

D. In the case of a tie for first or second place in the league standings, the standings will be determined be the head-to-head play against each team involved. If teams are still tied, then the total points scored in the head-to-head games will be the determining factor.

### Serves/Rotations/Touches/Volleys

- A. There are no restrictions to serves in the 4-Person leagues.
- B. Serves must be underhand in the 6-Person leagues.
- C. Rotation for the serve (player rotation) shall be in a clockwise direction. Players must remain in position with no switching until after the serve. Players may not rotate into the game at the serving position, but may rotate into the game at any other position.
- D. In the 6-Person leagues only, a female must touch the ball before the ball is returned over the net
- E. In the 6-Person leagues only, spiking is not permitted. A spike is a forceful hit in a downward motion.

#### **Supervision**

- F. A site supervisor will be on site during all league matches.
- G. Any illegal hits, in accordance with USA Volleyball rules may be called by the players on the court. The site supervisor will make rule interpretations, but not call game violations.
- H. The league does not provide referees. Disputes must be resolved in an orderly and sportsmanlike manner.
- I. Misconduct or inappropriate actions will result in a team's forfeit or disqualification by the site supervisor or league personnel.

## **Injury**

- A. Any injury must be reported immediately to the site supervisor.
- B. Players play at their own risk
- C. Medical insurance is the responsibility of the player

#### **Forfeit Rules**

- A. Maximum 10 minute grace period for first game in a night, only.
- B. Use of an illegal player or less then the required number of players will result in a forfeit.
- C. A forfeited night/week of play (per team) will be charged a \$15 forfeit fee per the Community Services Division Fees & Charges Policies.
- D. Any team that forfeits two nights of play during a season will be dropped from the league.

#### **Post-season Tournament Format**

- A. The post-season tournaments will be played in an elimination format. Each game will use the scoring for one game as above in Sec. V, a.
- B. During post-season tournament play, use of an illegal player results in a forfeit. Prior to each game, the team manager may challenge the legality of the opposing teams' player(s). Challenge player(s) must present to the site supervisor, within 10 minutes, proper ID. If proper ID has not been presented, the challenged player(s) will be declared illegal.

# **Consumption**

- A. Beer is permitted only with a valid beer permit (see the site supervisor or the tennis center for details).
- B. Beer only, no other alcohol is permitted.
- C. No glass permitted. Aluminum cans only.

# **Weather Conditions**

D. In the event of inclement weather you may call (480) 312-2740 one-hour prior to your scheduled game time for game status. All games are considered "on" unless informed otherwise by staff.

The League or Park Coordinator has the authority to institute new rules or change old rules to maintain the continuity of the overall program and to promote fair play.